



Berkeley
UNIVERSITY OF CALIFORNIA

OSHER
LIFELONG
LEARNING
INSTITUTE **OLLI**

Fall 2019

Sept. 23 – Nov. 1

Innovative education
for the 50+ learner

oli.berkeley.edu
510.642.9934



THE DAYS OF WINE AND ROSES — MANGINI 105

Handwritten musical notation on a whiteboard, including a treble clef, a key signature of one flat (B-flat), and a 4/4 time signature. The notation consists of several staves of music with notes and rests. Chord symbols are written above and below the staves, including: Fmaj7, Eb7, D7(b9), D7(b9), D7, G-7, Bb-, Eb7, A-7, D-7, G-7, C7, E-7(b9), A7(b9), D-7, G7, G-7, C7, Fmaj7, Eb7, D7(b9), D7(b9), G-7, Bb-.

New!
Online only
memberships
and courses.
See page 10.

Who we are

OLLI @Berkeley is an educational program for lifelong learners age 50 and up who are eager to explore traditional and new areas of knowledge — without exams or grades. Classes are taught by distinguished UC Berkeley faculty members and other Bay Area experts. Membership is required to participate in the full range of offerings.

OLLI @Berkeley is one of 122 Osher Lifelong Learning Institutes nationwide. It is supported by UC Berkeley, OLLI members, and donors who match the Bernard Osher Foundation's contribution to OLLI.

Director: Susan Hoffman

Business and Operations Manager: Lisa Hardy

Curriculum Coordinator: Matt Shears

Classroom and Facilities Coordinator:

Max Godino

Classroom Coordinators:

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Research Program Associate: Cheryl Brewster

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Letter from the Director

This fall term marks the start of our 13th academic year. Whether you are new to OLLI or returning, you are part of a growing community of learners who enjoy developing new ways of thinking, making new friends, and expanding horizons.

In addition to the outstanding lineup of courses and the fall speaker series, we're offering a group of new initiatives.

For those of you who can't be with us in the classroom, we offer two online courses, each taught by a popular instructor. For those who choose the online option, the video capture of Darren Zook's course on international conflict areas and Mick Chantler's exploration of the American Revolution from the British perspective will be made available on the Friday of every week that the course is offered. Selected talks from our fall speaker series will also be available online through Berkeley Talks.

Nearly every term since our inception, we have offered courses on the climate crisis. This year we will increase our focus on the climate by hosting an intergenerational dialogue between OLLI members and UC Berkeley undergraduates on October 11. Using the strength of our generational perspectives, we aim to contribute to the growing global climate movement.

To further our exchange with campus, we are developing a research registry designed to expand member participation with undergraduates, faculty, and industry partners. And, on September 17, please join us for the second annual OLLI Aging Research and Technology Summit, which will address neurodegenerative diseases.

We are excited about our new offerings, and we look forward to your participation, and to another great year of intriguing courses and deep conversations.

Susan Hoffman
Director

31 courses in two great locations

Fall registration opens July 8

Info: 510.642.9934 or olli.berkeley.edu

Berkeley Info Session

Tuesday, Sept. 3, 2019

10 a.m.–noon (doors open at
9:30 a.m.)

Freight & Salvage Coffeehouse
2020 Addison St., Berkeley

Lafayette Info Session

Thursday, Sept. 5, 2019

1:30–3 p.m. (doors open at 1 p.m.)
Lafayette Library and Learning Center
3491 Mt. Diablo Blvd., Lafayette





Photo: Jason Rosewell

Joy of Singing

Lauren Carley
10 a.m.–noon, UH 150

Price A

Prepare your body, brain, and voice to sing with ease, expressiveness, and projection. Learn four traditional rounds and five-part songs by ear, plus choral skills such as legato, staccato, fermata, ritard, timbre, and head and chest voice. More experienced participants may sing in trios or anchor their sections. We will perform for invited guests during the last class. Open to all levels.

Lauren Carley, mezzo, tours and records with her vocal ensembles *In Other Words* and *Polyhymnia*. She is a natural voice practitioner with a lifetime in pedagogy, Orff, theater, mime, Alexander, and Feldenkrais. She specializes in singing as a healing pathway for those with neurological trauma and diseases.

Art Since 1945: A World of New Meanings

Simon Kenrick
10 a.m.–noon, CJC

Price A

This course offers a moving picture of the arts since WWII — an international and intercultural sequence of shifting ideas and images that have questioned the nature of art. New voices, symbols, and languages have emerged — women, people of color, and LGBTQ artists have challenged traditional meanings — bringing new richness and complexity to the world of art. This course explores these volatile and conflictive histories.

Simon Kenrick has art history degrees from Cambridge (B.A.) and UCLA (M.A. & Ph.D.). For 15 years, he taught in colleges in Southern California, and for 20 years he taught for Road Scholar. A specialist in Islamic art and architecture, he has been involved in cultural activism in England, France, Morocco, and California and is developing a museum tour start-up, GLOBALeyes.

Legacy Letters

Sara Orem
10 a.m.–noon, UH 41C

Price C

Also called an ethical will, the legacy letter began as a Jewish practice over 3,000 years ago. It shares values, stories, and hopes with loved ones. It can be a one-page letter or a collection of short written pieces, photos, and official documents; or something in between. In this class, you will write the foundation of a legacy letter and will share your writing only if you wish to. No writing experience is required.

Sara Orem has published three nonfiction books and is a long-standing member of a memoir writing group that grew out of one of Malcolm Margolin's OLLI classes. She has published articles in the *Minneapolis StarTribune*, *The St. Paul Pioneer Press*, *Mpls. St. Paul Magazine*, *San Francisco Chronicle*, and *The Greater Good Magazine* and has created her own legacy letter for her three daughters and beloved grandson.

America in the Sixties: The Protest Movements

Bill Smoot
1-3 p.m., CJC

Price A

This course will study the protest movements of the sixties: civil rights, black power, student, counter-culture, and anti-war, as well as the beginnings of the women's and the ecology movements. We will explore the successes and failures of these efforts and discuss their long and short-term impact on the direction of American society. We will also consider the challenges of "doing history" as an intellectual discipline.

Bill Smoot has been studying the sixties since the FBI started compiling his file in 1968. He has taught for over 40 years in diverse venues — from universities to private high schools to prison. He is the author of *Conversations with Great Teachers*.

Buddhism, Daoism, and Mindfulness

Davina Chan
1-3 p.m., UH 41B

Price B

This course explores Buddhist and Daoist meditation practices and ways in which they can be used to work with the mind and emotions to enhance physical and psychological well-being. Participants will gain an understanding of the views and practices of Buddhist and Daoist schools of meditation. The course will also include an examination of current neuropsychological and clinical research on effects of mindfulness and meditation.

Davina Chan received her doctoral training in psychology at Harvard, Stanford, and UC Berkeley. She is a licensed clinical psychologist with a private practice and is on faculty at the University of San Francisco and at UC Berkeley.

Current Controversies in Research, Health, & Nutrition

Ed Blonz
1-3 p.m., UH 150
(Four weeks)

Price D

This course provides a survey of contemporary controversies in public health. It covers the use and abuse of the media as a communicator of science; foibles inherent in the publication of research; and health fraud and misinformation, including diets and dietary supplements. Common underlying themes in health issues such as weight and mobility, cancer, cardiovascular disease, diabetes, and cognitive decline will also be discussed.

Edward Blonz, M.S., Ph.D., works to help combat misinformation for consumer protection agencies and writes books and a syndicated newspaper column. As a researcher, he works on the pathogenesis of cognitive decline.

Photo : Civil Rights March on Washington, D.C. Martin Luther King, Jr. and Mathew Ahmann in a crowd by Rowland Scherman



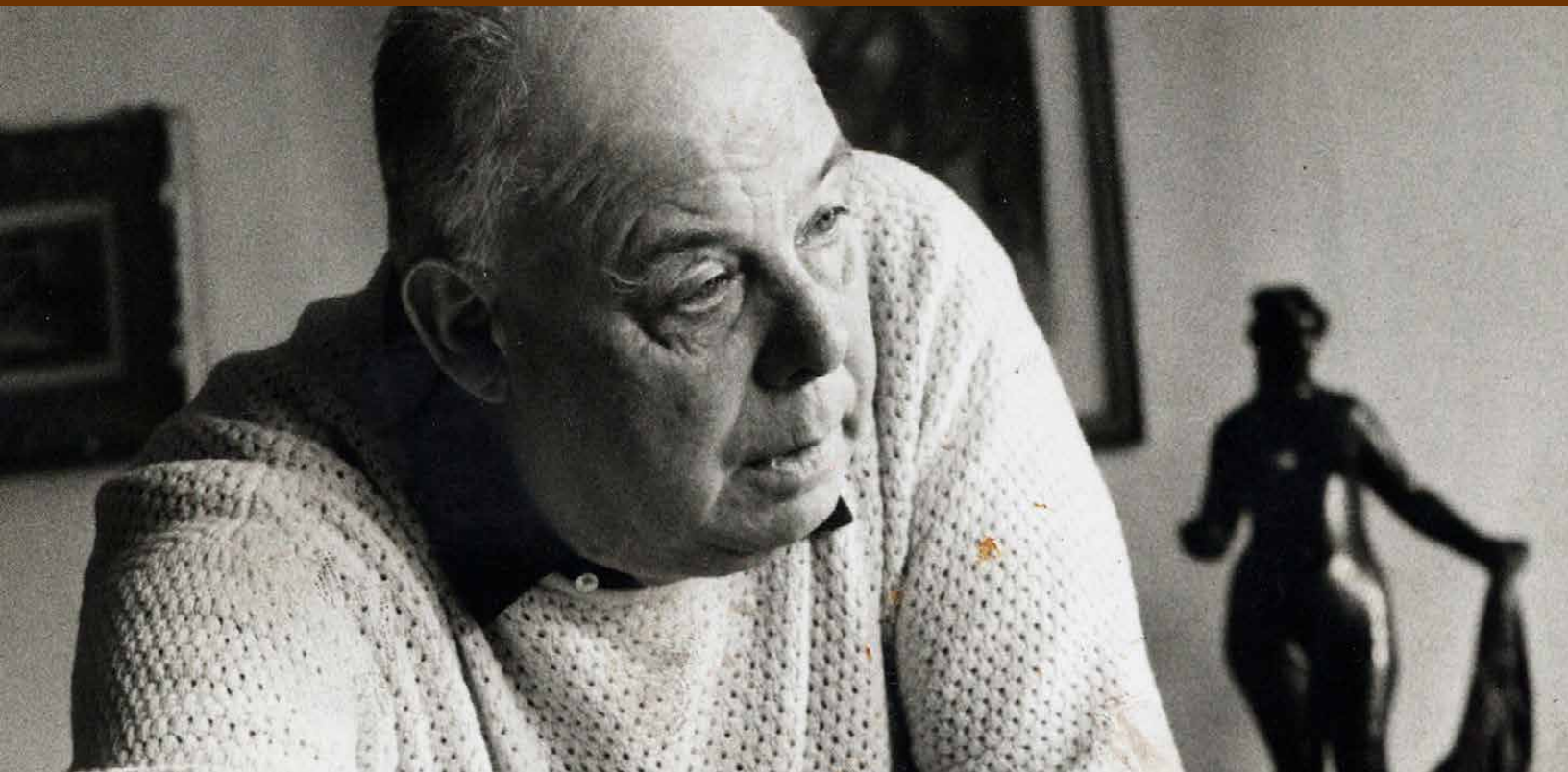


Photo: Jean Renoir, public domain / Arquivo Nacional Collection

Renoir in the Thirties

Michael Fox

10 a.m.–12:30 p.m., F&S

Price A

Jean Renoir, called the greatest filmmaker in the world by Orson Welles and François Truffaut, produced a remarkable body of work in the 1930s — including the still-innovative *La Chienne* and the reviled and rediscovered *The Rules of the Game* — encompassing melodrama, social realism, tragicomedy, historical epic, and farce. This lecture and screening class explores the genius and contradictions of a humanist who combined effortless artistry with social critique.

Michael Fox is a journalist and film critic at KQED.org/arts, *Oakland Magazine*, and *The (East Bay) Monthly*. He curates and hosts the CinemaLit series at the Mechanics' Institute in San Francisco, and teaches documentary courses at OLLI SF State. Fox was inducted in 2015 into *Essential SF*, the San Francisco Film Society's ongoing compilation of "local cinematic luminaries."

U.S. Contemporary Short Story Writers

Caroline Smadja

10 a.m.–noon, UH 41B

Price B

This course, designed around group discussion, focuses on six U.S.-born short-story writers who are widely published, yet not necessarily "household names." Each class will center on a specific author. Participants will be asked to analyze stories in terms of theme, meaning, point of view, and other considerations, following a list of study questions available seven to 10 days in advance. Authors may include Stuart Dybeck, Lorrie Moore, and George Saunders.

Caroline Smadja specializes in adult education and has taught learners of all backgrounds and nationalities for over 30 years. A French native and graduate of Paris VII, she holds an M.F.A. in creative writing from Pacific University, is a published poet and writer, and teaches at OLLI SF State.

iPhoneography

Yoni Mayeri

10 a.m.–noon, UH 41C

(No class 10/15; final class 11/5)

Price C

Learn how to expertly capture images, edit, and create extraordinary photographs using solely your iPhone. Gain inspiration to find your creative vision and expand your technical knowledge. By the end of this workshop, you will understand the ins and outs of iPhone photography.

Yoni Mayeri began her photographic career at Polaroid and Nikon. She has presented her iPhoneography workshops at UC Berkeley, Stanford, Saint Mary's College, Rancho La Puerta, The Pacific Art League, Google, and many other locations.

Memphis Soul

Pete Elman
1-3 p.m., F&S

Price A

The sound that came out of Memphis in the 1960s transformed the landscape of popular music. It was rhythm and blues; it was rock and roll. It was the sound of the Deep South, the incredible voices that came from the black church, and the rhythms of the land. In this class, we will explore the evolution of Stax-Volt records and the artistry of Otis Redding, Booker T. and the MGs, Wilson Pickett, Sam and Dave, James Brown, Aretha Franklin, and many others.

Pete Elman has performed, composed, arranged, produced, and taught all genres of popular music since 1962. He taught school for 15 years, and is a freelance writer who published an acclaimed book of song-poems. He has taught several popular classes on 20th-century music through OLLI.

Our Brains: Molecules to Memory, Part 3

Peter Ralston
1-3 p.m., Magnes

Price A

This course describes the activities of nerve cells and how their functioning is altered by drugs or disease. We will discuss the organization of neuronal networks in the brain that serve major mechanisms, such as sleep, epilepsy, and consciousness. Each lecture will begin with an introduction to a basic neuroscience topic, and be followed by a discussion of related clinical concepts. The goal of the course is to enable students to better understand the functions of their own brains. There is no prerequisite for the course.

Peter Ralston received his M.D. from UCSF and his clinical training in New York. He was a postdoctoral fellow at University College London. He has held faculty positions at Stanford, the University of Wisconsin, and UCSF, where he directed the medical school course in neuroscience and ran an NIH-supported research lab.

The Wisdom of Grief

Lauren Vanett
1-3:30 p.m., UH 41B

Price B

There is transformative potential inherent in grieving. We will explore myths and models of grief, obstacles to it, and how personal strengths can support it. The class will help to cultivate skills that can support those who are grieving by increasing self-awareness and self-care. Note: This class is not grief therapy and is not recommended for those who have suffered a recent loss. Contact the instructor if you are unsure about participating.

Lauren Vanett, M.A., an educator for 35 years, founded the Core Strengths Coaching Skills Program at SFSU College of Extended Learning in 2005. She teaches positive psychology there and at OLLI @Berkeley. As an ICF-certified coach, she helps clients clarify goals, amplify strengths, and make conscious choices that lead to greater well-being and life satisfaction.

Photo: Priscilla Du Preez





Photo: Jesse Orrico

Your Brain and Your Mind on Plants and Drugs

David Presti

10 a.m.–noon, F&S

Price A

For millennia, humans have cultivated deep relationships with psychoactive plants and fungi — relationships embedded within and guided by ritual frameworks honoring the powers of these organisms as allies. Ranging over coffee, chocolate, tobacco, cannabis, opium, wine, absinthe, psychedelic mushrooms, and psychiatric medications, we will explore the history and current science related to how psychoactive substances impact the mind and body.

David Presti teaches neurobiology and psychology at UC Berkeley, worked for a decade in the treatment of addiction and PTSD at the San Francisco VA Medical Center, and teaches neuroscience to Buddhist monastics in India and Bhutan. He is author of *Foundational Concepts in Neuroscience* and of *Mind Beyond Brain*.

Toni Morrison, National Treasure

Stephanie Wells

10 a.m.–noon, UH 150

Price A

Toni Morrison is our greatest living novelist. Her treatments of race, gender, and above all, humanity and love in America, are matched only by her ability to craft a sentence stunning enough to knock you to the ground. This course will focus on a small selection of Morrison's most important novels, from the beginning of her career to the present, as well as some of her critical writings.

Stephanie Wells has a B.A. from Berkeley, an M.A. from University of Virginia, and a Ph.D. from UC Davis, with a focus on modernism and postmodernism in American and British novels and poetry. She has been a literature professor for over 20 years and teaches at College of Marin.

Silicon Valley: Its Architecture and Urban Realm

Pierluigi Serraino

10 a.m.–noon, UH 41B

Price B

Silicon Valley occupies a special place in the global imagination. It is the epicenter of unbridled entrepreneurship and the object of fables of infinite wealth. This class will consider how financial and human resources are mobilized in Silicon Valley, and how the legal framework of intellectual property rights and the stock market impinge on its urban form and individual buildings.

Pierluigi Serraino is an architect, educator, and author. He holds multiple professional and research degrees in architecture from Italy and the United States and has his own design practice. He has lectured extensively on postwar American architecture, California modernism, architectural photography, changes in architectural practice, and digital design.

Calendar

MONDAYS

9/23 – 10/28

10 a.m.–noon, UH 150

Joy of Singing

Lauren Carley

10 a.m.–noon, CJC

Art Since 1945

Simon Kenrick

10 a.m.–noon, UH 41C

Legacy Letters

Sara Orem

1–3 p.m., CJC

America in the Sixties

Bill Smoot

1–3 p.m., UH 41B

Buddhism, Daoism

Davina Chan

1–3 p.m., UH 150

Health and Nutrition

Ed Blonz

(4 weeks; begins 9/23)

TUESDAYS

9/24 – 10/29

10 a.m.–12:30 p.m., F&S

Renoir in the Thirties

Michael Fox

10 a.m.–noon, LLCH

Social Media

Roy Ulrich

10 a.m.–noon, UH 41B

Short Story Writers

Caroline Smadja

10 a.m.–noon, UH 41C

iPhoneography

Yoni Mayeri

(No class 10/15,

final class 11/5)

1–3 p.m., F&S

Memphis Soul

Pete Elman

1–3 p.m., Magnes

Our Brains

Peter Ralston

1–3 p.m., LLCH

Book of Exodus

Mark McVann

1–3:30 p.m., UH 41B

Wisdom of Grief

Lauren Vanett

WEDNESDAYS

9/25 – 10/30

10 a.m.–noon, F&S

Brain, Mind, Plants, Drugs

David Presti

10 a.m.–noon, UH 150

Toni Morrison

Stephanie Wells

10 a.m.–noon, UH 41B

Silicon Valley

Pierluigi Serraino

10 a.m.–noon, UH 41C

Meditate/Volunteer

Amelia Barili

2–4 p.m., F&S

Opera Fall 2019

Alexandra Amati

2–4 p.m., BCC

Rural California

Alex Saragoza

2–4 p.m., UH 150

Lewis and Clark

Mark Jordan

(begins 10/2, ends 11/6)

2–4 p.m., UH 41C

Artful Essays

Elizabeth Fishel

12:30–1:30 p.m., F&S

Speaker Series

9/25, 10/2, 10/9, 10/16

THURSDAYS

9/26 – 10/31

10 a.m.–noon, F&S

Global Hotspots, Part 2

Darren Zook

10 a.m.–noon, LLCH

San Francisco Rock

Richie Unterberger

10 a.m.–noon, UH 41B

Sacred Mountains

Edwin Bernbaum

10 a.m.–noon, LLOR

Autobiography

Stephanie Kay

1–3 p.m., F&S

American Revolution

Mick Chantler

1–3 p.m., Magnes

Rabindranath Tagore

Abhijeet Paul

1–3 p.m., LLCH

Dancers/Choreographers

Kathryn Roszak

FRIDAYS

9/27 – 11/1

(Online)

Global Hotspots

Darren Zook

(Online)

American Revolution

Mick Chantler

10 a.m.–noon, BAS

Pen and Ink

Danny Neece

2–4 p.m., BAS

Watercolor

Danny Neece

LOCATION KEY

BAS

UC Berkeley Art Studio
UC Campus

BCC

Berkeley City College
2050 Center St., Berkeley

CJC

California Jazz Conservatory
2040 Addison St., Berkeley

F&S

Freight and Salvage
2020 Addison St., Berkeley

LLCH

Lafayette Library Community Hall
3491 Mt Diablo Blvd., Lafayette

LLOR

Lafayette Library Oak Room
3491 Mt Diablo Blvd., Lafayette

Magnes

Magnes Collection
2121 Allston Way, Berkeley

UH

University Hall
2199 Addison St., Berkeley

Wednesday Lunchtime Speaker Series

12:30–1:30 p.m., F&S (2020 Addison St.)

September 25

The Economic Damage of Future and Past Climate Change

Max Aufhammer, Professor of International Sustainable Development and Associate Dean of Interdisciplinary Studies, UC Berkeley

October 2

The Populist Temptation: Economic Grievance and Political Reaction in the Modern Era

Barry Eichengreen, Professor of Economics and Political Science, UC Berkeley

October 9

Fuel for Thought: Deconstructing Alzheimer's to Find the Road to Remember

Ed Blonz, nutrition scientist, journalist and researcher

October 16

The Roberts Court

Erwin Chemerinski, Dean of the Law School, UC Berkeley

Words Over Time: An Intergenerational Dialog Event about Climate Change

Facilitated by Darren Zook

Friday, October 11, 2019: 1:00–2:30 PM

Freight and Salvage

\$10 per OLLI member (no discounts available)

Pay at the door; credit cards not accepted.

Limited to 60 OLLI members

RSVP on OLLI special events page (<https://olli.berkeley.edu/programs/events>) required

We rarely think of diversity in chronological terms, yet the phenomenon known as ageism involves stereotypes and misunderstandings that affect young and older adults. Words Over Time: An Intergenerational Dialog seeks to address ageism through a dialog between OLLI members and UC Berkeley undergraduates.

Facilitated by **Darren Zook**, the dialog will bring multiple generations together to discuss the critical topic of climate change. Often described as an issue of intergenerational justice, climate change is frequently framed by the idea that present generations have duties toward those in the future. This makes it a perfect topic for intergenerational dialog about the impact of mitigation vs. adaptation for people at all levels of the socioeconomic spectrum and the balance of current and future resource needs. This event offers a platform to initiate civil, reflective, and meaningful conversation across the chronological divide and across the social and political landscape.

Neuroplasticity, Meditation, and Volunteering

Amelia Barili
10 a.m.–noon, UH 41C

Price B

Meditation and volunteering are good for your heart, brain, and whole being. Combined, they foster positive neuroplasticity. In this class, we will study the science of neuroplasticity and meditate to expand our minds and hearts. In addition, students will volunteer for one to two hours each week at English-in-Action, International House, or Refugee Transitions. Through experiential learning, students will deepen their knowledge of other cultures and help international students, refugees, and immigrants in the challenging transition to American life.

Amelia Barili has developed an innovative pedagogy by integrating recent findings of cognitive science and neurobiology with meditation and service learning. She received the UC Berkeley Chancellor's Award for Public Service in 2008.

Opera Fall 2019 Season

Alexandra Amati
2–4 p.m., F&S

Price A

This course presents the operas in the fall 2019 season of the San Francisco Opera company, plus a preview of two that will be featured in the summer 2020 season. We will contextualize the composition and creation of the works, discuss the issues they present, and analyze how the combination of music and text delivers content. The course is appropriate and informative (and hopefully fun) for people actually attending the opera, as well as for any curious learner.

Alexandra Amati holds a Ph.D. in musicology from Harvard and teaches at the University of San Francisco. She is a lecturer for the SF Opera, the SF Symphony, the SF Bach Choir, and others.

Rural California: Political Economy and Social Character

Alex Saragoza
2–4 p.m., BCC

Price A

This course examines rural California by exploring the San Joaquin Valley in contrast to the highly urbanized metro regions of Los Angeles and the Bay Area. After an overview of the rural sections of the state, the course focuses on the Central Valley: a region that leans strongly toward the GOP, has been economically based in agriculture, and has undergone major demographic and social changes.

Alex Saragoza has chaired the Center for Latin American Studies at UC Berkeley and has taught numerous Mexico-related courses over a three-decade career. He is the chief editor of *Mexico Today: An Encyclopedia of Life in the Republic* and has published widely on Mexican history.

The Lewis and Clark Expedition

Mark Jordan
2–4 p.m., UH 150
(Begins 10/2; ends 11/6)

Price A

In 1803, Thomas Jefferson appointed his private secretary, Meriwether Lewis, to lead an expedition to find the fabled Northwest Passage. Lewis, joined by William Clark, followed the Missouri River to its source where, it was assumed, the Columbia River would lead them quickly to the Pacific Ocean. Read the words of the explorers and see the expedition through their eyes. Discover how this expedition radically altered assumptions about geography.

Mark Jordan has scoured the Lewis and Clark journals, traveled the explorers' route on foot, by car, and by canoe; and has lectured on the expedition nationally and locally. His extensive wilderness experience includes canoeing across Canada to Hudson Bay.

Artful Essays for Pleasure and Publication

Elizabeth Fishel
2–4 p.m., UH 41C

Price C

Learn how to turn your opinions, memories, and ideas into short, shapely works for pleasure or publication. Examine excellent essays by Joan Didion, Anne Lamott, Oliver Sacks, and Nora Ephron, among others. Gain practical tips on style, structure, scene setting, and creating a narrative arc. In-class prompts will kickstart opinion pieces, first-person and travel essays, and blog posts. Receive thoughtful feedback on your work and guidance on where to publish.

Elizabeth Fishel draws on more than 25 years of essay-writing for *Vogue*, *O*, *Good Housekeeping*, *More*, *The Writer*, and *Huffington Post*, among many others. She has published five nonfiction books, including *Sisters*, *Reunion* and *Getting to 30*. She has taught writing workshops at UC Berkeley Extension and the UC Berkeley Graduate School of Journalism.

Photo: Nathan Dumlaio





Photo: Leo Serrat

Global Hotspots, Part 2

Darren Zook

10 a.m.–noon, F&S

Price A

So many things change in the world of international politics from one year to the next. This course will look at areas of instability and concern that have emerged or re-emerged in the past year. Each week, we will examine a different case study in depth, examining the causes and impacts of crises in countries including Sri Lanka, Somalia, Yemen, Venezuela, South Africa, and the Philippines.

Darren Zook has taught for 15 years at UC Berkeley and has been recognized numerous times for his contributions to education on campus. He teaches courses on comparative politics, security studies, human rights, and conflict resolution; and has extensive field experience in nearly every part of the world, including two trips to North Korea.

Sacred Mountains

Edwin Bernbaum

10 a.m.–noon, UH 41B

Price B

From the Sierra Nevada to the Himalayas, mountains have an extraordinary power to evoke wonder, awe, and a sense of the sacred. Drawing on his research and work with national parks and world heritage sites, Edwin Bernbaum will explore the importance and symbolism of mountains in the mythologies, religions, history, literature, and art in cultures around the world. The course focuses on the key role that mountains play in inspiring environmental conservation and spiritual growth.

Edwin Bernbaum, Ph.D., has researched myths around the world and has lectured widely at venues such as the Smithsonian Institution and the Metropolitan Museum of Art. He wrote *Sacred Mountains of the World*, which won the Commonwealth Club's gold medal for nonfiction, and *The Way to Shambhala*, a study of Tibetan myths of hidden valleys.

The American Revolution: An English Perspective

Mick Chantler

1–3 p.m., F&S

Price A

As Americans, we normally view the upheaval of 1776 through the eyes of our national heroes — Washington, Jefferson, John Adams, etc. But we must never forget that the Revolution was a critical milestone in British history as well. What did our countrymen across the Atlantic make of the wild and tumultuous events transpiring in the colonies? What were the effects of the decision to quash our independence?

Mick Chantler has been an instructor of American studies for over 40 years. He currently teaches at several Bay Area OLLIs, including CSU Sonoma, Dominican, Santa Clara, and Berkeley. His primary interests include the Revolutionary and Civil War eras.

Rabindranath Tagore and Universal Humanism

Abhijeet Paul

1–3 p.m., Magnes

Price A

Rabindranath Tagore, the first Asian Nobel Laureate in Literature (1913), left a vast legacy in Indian and world literature and cinema, culture, politics, and thought. In this course we will explore Tagore's universal humanism through selections from his massive oeuvre, including poetry, songs, plays, fiction, and essays on a wide variety of subjects such as education, anti-imperialism, pacifism, gender, and the philosophy of science.

Abhijeet Paul researches and teaches global literature, culture, labor, and politics. He holds a Ph.D. in South Asia Studies from UC Berkeley. He has published in the fields of literature, globalization, and politics and is currently making a film on letterpress printing and jute textiles in India.



Photo: Goa Shape

Pen and Ink Fundamentals

Danny Neece
10 a.m.–noon, BAS

Price C

Learn techniques for effectively working with pen, brush, and inks. Subjects will range from still life to working from photos. Topics will include loose sketching, contrast, texturing, hatching techniques, composition, and illustration. All skill levels welcome.

Danny Neece holds a B.F.A. in illustration from the California College of the Arts. He has freelanced for *Shambhala Sun Magazine*, *Hyphen Magazine*, Intel Developers Forum, *14 Hills: The SFSU Review*, Trader Joe's, *Buddhadharma: Practitioner's Quarterly*, and Saint Mary's College; and he teaches at the Berkeley Art Studio. View his work at dannyneece.com.

Watercolor Fundamentals

Danny Neece
2–4 p.m., BAS

Price C

Learn the basics of watercolor. We will cover the principles of color theory, color mixing, paint layering, and texture through still life, landscapes, wildlife, and more. This class is open to all levels. Basic drawing skills are helpful but not required. Course fee does not include materials (approximately \$70).

Danny Neece See bio at left.

Beginning 9/27, Online Only courses

Registering for the online-only version of these courses enables you to view the recorded lectures throughout the fall term. Weekly lectures will be available on Fridays. This option is not interchangeable and does not grant access to the in-person class. For information, see page 12.

Global Hotspots, Part 2 (online only)

Darren Zook

Price D

The American Revolution: An English Perspective (online only)

Mick Chantler

Price D

See course descriptions and bios, pg. 9.

Social Media Platforms

Tuesdays, Sept.24–Oct. 29

Roy Ulrich

10 a.m.–noon, LLCH

Price A

Social media platforms are compatible with authoritarianism, and indeed are proving to be among its most effective enablers. The “echo chamber” creates the perfect environment for the spread of fake news, conspiracy theories, and rumors. As troubling as the implications of social media’s pathologies may be, there can be no hope of meaningful reform unless we address them squarely.

Roy Ulrich is a lecturer at the School of Public Policy at UC Berkeley. He is also a policy analyst at Demos, where he writes about education, health care, and taxation. He currently serves as president of the California Tax Reform Association, vice chair of the state board of California Common Cause, and consultant to the Center for Voting and Democracy.

The Book of Exodus: Up from Slavery

Tuesdays, Sept. 24–Oct. 29

Mark McVann

1–3 p.m., LLCH

Price A

Exodus is the story of the emergence of Israel as a people with a history and law. We will examine this foundational epic with an eye to the historical, literary, and ritual concerns in the texts. We will explore the significance of Moses, the Passover, the desert trek, and the Ten Commandments; examine Exodus as a model for Israelite pilgrimages to the Jerusalem Temple, and analyze its influence on the stories of Jesus’ last days in Jerusalem. The course finishes with a reading of *A Different Drummer*, by William Melvin Kelley.

Mark McVann is professor of theology and religious studies at Saint Mary’s College of California. He holds a Ph.D. from Emory University, where he wrote his dissertation on the *Gospel According to Mark*. A widely published author, he lectures on biblical topics in Spanish and Portuguese in Peru and Brazil.

The Golden Age of San Francisco Rock

Richie Unterberger

Thursdays, Sept. 26–Oct. 31

10 a.m.–noon, LLCH

Price A

In the mid-to-late 1960s, the San Francisco Bay Area exploded with psychedelic rock that captured the imagination of the world, creating legendary music that endures and influences popular culture to this day. The San Francisco Sound will be explored in depth via common and rare audio recordings by greats like Jefferson Airplane, the Grateful Dead, Janis Joplin, and Santana. We’ll also investigate how the Bay Area’s counterculture created a scene in which experimental and idiosyncratic rock music could flower.

Richie Unterberger is the author of a dozen rock history books, including *Eight Miles High: Folk-Rock’s Flight from Haight-Ashbury to Woodstock*, and volumes on the Beatles, the Who, the Velvet Underground, and Bob Marley. He teaches courses on rock history at OLLI’s Berkeley, SF State, Dominican, and Santa Clara branches.

Autobiography: De/constructing the Self

Thursdays, Sept. 26–Oct. 31

Stephanie Kay

10 a.m.–noon, LLOR

Price C

We all have stories to tell, but how do we tell them? In an age of selfies, do audiences

assume there is such a thing as authenticity? What does or could autobiography mean in the post-modern world? These are some of the questions we will explore through readings and class discussions as we work towards writing our own autobiographies.

Stephanie Kay has taught writing and literature for thirty years at UC Riverside. She has an advanced degree from Oxford University in English and a Ph.D. in 19th and 20th century American literature from UC Riverside. She has won the lecturer’s distinguished teaching award at UC Riverside.

Great Dancers and Choreographers

Kathryn Roszak

Thursdays, Sept. 26–Oct. 31

1–3 p.m., LLCH

Price A

Learn how great dancers and choreographers transform the arts and our view of the world. In this class, we will consider dancers such as Rudolf Nureyev; Broadway and film legends such as Fred Astaire, Gene Kelly, and Agnes DeMille; and choreographers such as Paul Taylor and Twyla Tharp. We will also consider leading dance artists of today, including Antonio Gades, Robert Battle, Michelle Dorrance, Cathy Marston, Suzanne Farrell, Wendy Whelan, and Misty Copeland.

Kathryn Roszak trained at Balanchine’s School of American Ballet and San Francisco Ballet. She was a soloist with San Francisco Opera Ballet and has choreographed/taught for San Francisco Ballet and San Francisco Opera. She produces dance films and is founder of the Women Ballet Choreographers/Composers Residency at Djerassi Resident Artists Program.



Participation

OLLI @Berkeley requires membership, per agreement with the Bernard Osher Foundation. Membership includes access to:

- Registration for OLLI courses
- Free admission to lecture series
- Access to interest circles and member events

Membership Types

- Premium: \$950 — offers unlimited A and D courses and discounts for B and C courses
- Annual: \$100
- Single Term: \$50

New!

Online Only Memberships*

- Annual online only: \$25
- Single term online only: \$10

* These memberships are not interchangeable and grant access to online content only.

Fee Assistance Program

Fee assistance is available on a sliding scale if costs present a barrier to your participation. To be considered, download an application from olli.berkeley.edu/fee-assistance and return it to the OLLI office.

Affiliate Discount

Members of the following groups receive a \$10 discount on any OLLI membership:

- Cal Alumni Association (CAA)
- Current faculty/staff at UC Berkeley, LBNL, and UCOP

Course Changes

- Course schedules, locations, and faculty are subject to change. Please refer to our website for the most current listings.
- Courses can be dropped up to seven days prior to the start of the term for a refund. Contact the office for assistance.

Fall 2019 Registration Form

| | | |
|-----------------------------------|-------------|-----------------------------------|
| FIRST NAME | LAST NAME | YEAR OF BIRTH (REQUIRED) |
| ADDRESS | | CITY STATE ZIP |
| TELEPHONE 1 (REQUIRED) | TELEPHONE 2 | EMAIL (REQUIRED) GENDER ETHNICITY |
| EMERGENCY CONTACT NAME (REQUIRED) | | EMERGENCY TELEPHONE (REQUIRED) |

| | | | | |
|---|--|--|--|---|
| Monday <input type="checkbox"/> Joy of Singing A <input type="checkbox"/> Art Since 1945 A <input type="checkbox"/> Legacy Letters C <input type="checkbox"/> America in the Sixties A <input type="checkbox"/> Buddhism, Daoism B <input type="checkbox"/> Health and Nutrition D | Tuesday <input type="checkbox"/> Renoir in the Thirties A <input type="checkbox"/> Contemporary Short Story B <input type="checkbox"/> iPhoneography C <input type="checkbox"/> Memphis Soul A <input type="checkbox"/> Our Brains, Part 3 A <input type="checkbox"/> Wisdom of Grief B <input type="checkbox"/> Social Media Risks A (LLCH) <input type="checkbox"/> The Book of Exodus A (LLCH) | Wednesday <input type="checkbox"/> Brain, Mind, Plants, Drugs A <input type="checkbox"/> Toni Morrison A <input type="checkbox"/> Silicon Valley B <input type="checkbox"/> Volunteering C <input type="checkbox"/> Opera Fall 2019 A <input type="checkbox"/> Rural California A <input type="checkbox"/> Lewis and Clark A <input type="checkbox"/> Artful Essays C | Thursday <input type="checkbox"/> Global Hotspots A <input type="checkbox"/> Sacred Mountains B <input type="checkbox"/> The American Revolution A <input type="checkbox"/> Rabindranath Tagore A <input type="checkbox"/> San Francisco Rock A (LLCH) <input type="checkbox"/> Autobiography C (LLOR) <input type="checkbox"/> Dancers/Choreographers A (LLCH) | Friday <input type="checkbox"/> Hotspots (Online) D <input type="checkbox"/> American Revolution (Online) D <input type="checkbox"/> Pen and Ink C <input type="checkbox"/> Watercolor C |
|---|--|--|--|---|

| Membership Dues Membership is required prior to registering for courses. <table border="1" style="width:100%; border-collapse: collapse; margin-top: 10px;"> <tr><td>I have a current 12-month membership</td><td style="text-align: right;">\$0</td></tr> <tr><td>Premium</td><td style="text-align: right;">\$950</td></tr> <tr><td>Annual</td><td style="text-align: right;">\$100</td></tr> <tr><td>Single term (fall only)</td><td style="text-align: right;">\$50</td></tr> <tr><td>Online only — annual</td><td style="text-align: right;">\$25</td></tr> <tr><td>Online only — single term (fall only)</td><td style="text-align: right;">\$10</td></tr> <tr><td>Affiliate discount: UCB-LBNL-UCOP-CAA</td><td style="text-align: right;">-\$10</td></tr> <tr><td style="text-align: center;">A. Total membership dues</td><td></td></tr> </table> | I have a current 12-month membership | \$0 | Premium | \$950 | Annual | \$100 | Single term (fall only) | \$50 | Online only — annual | \$25 | Online only — single term (fall only) | \$10 | Affiliate discount: UCB-LBNL-UCOP-CAA | -\$10 | A. Total membership dues | | Course Fees Course fees are determined by your membership type. <table border="1" style="width:100%; border-collapse: collapse; margin-top: 10px;"> <thead> <tr> <th></th> <th>Annual/ Single term</th> <th>Premium</th> <th># courses</th> <th>Total</th> </tr> </thead> <tbody> <tr><td>Price A</td><td>\$155</td><td>\$0</td><td></td><td></td></tr> <tr><td>Price B</td><td>\$195</td><td>\$40</td><td></td><td></td></tr> <tr><td>Price C</td><td>\$235</td><td>\$80</td><td></td><td></td></tr> <tr><td>Price D</td><td>\$120</td><td>\$0</td><td></td><td></td></tr> <tr><td colspan="4" style="text-align: right;">B. Total course fees</td><td></td></tr> </tbody> </table> <p style="text-align: center; margin-top: 10px;">Grand Total Dues and Fees (A + B)</p> | | Annual/ Single term | Premium | # courses | Total | Price A | \$155 | \$0 | | | Price B | \$195 | \$40 | | | Price C | \$235 | \$80 | | | Price D | \$120 | \$0 | | | B. Total course fees | | | | |
|---|--------------------------------------|---------|-----------|-------|--------|-------|-------------------------|------|----------------------|------|---------------------------------------|------|---------------------------------------|-------|---------------------------------|--|---|--|------------------------|---------|-----------|-------|---------|-------|-----|--|--|---------|-------|------|--|--|---------|-------|------|--|--|---------|-------|-----|--|--|-----------------------------|--|--|--|--|
| I have a current 12-month membership | \$0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Premium | \$950 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Annual | \$100 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Single term (fall only) | \$50 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Online only — annual | \$25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Online only — single term (fall only) | \$10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Affiliate discount: UCB-LBNL-UCOP-CAA | -\$10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| A. Total membership dues | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Annual/ Single term | Premium | # courses | Total | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| Price C | \$235 | \$80 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Price D | \$120 | \$0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| B. Total course fees | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Check (made payable to UC Regents)
 Credit card: Visa MasterCard American Express

| | |
|-----------------|-----------------------|
| CARD NUMBER | EXPIRATION DATE |
| CARDHOLDER NAME | AUTHORIZING SIGNATURE |

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Berkeley Info Session

Tuesday, Sept. 3, 2019

10 a.m.–noon (doors open at 9:30 a.m.)
Freight & Salvage Coffeehouse
2020 Addison St., Berkeley

Lafayette Info Session

Thursday, Sept. 5, 2019

1:30–3 p.m. (doors open at 1:00 p.m.)
Lafayette Library and Learning
Center 3491 Mt. Diablo Blvd., Lafayette



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