

Gender Revolution: From male or female to a Spectrum of Genders

Introduction from the catalog

Berkeley, San Francisco, and Oakland have for 1/2 century been ground 0 for social change. Civil rights, free speech, resistance to oppression, questioning of authority, sexual revolution, waves of feminism, and gay liberation have been exhibited here. Now we face another dramatic social revolution in understanding gender and learning how to live in a society in which gender is expressed in a Spectrum. New knowledge, healthcare practices, and cultural challenges bring us into a time to learn who we are and how to build an inclusive and accepting society.

Course overview

This course addresses the dramatic increase in the numbers of people claiming a gender identity different than male or female. Transgender, gender creative/nonconforming, nonbinary, and other versions of gender identity are more common now and more visible now especially among young people than in the past. What is behind such a trend and what do we need to know about it? Are the numbers of people whose identities are not male or female increasing and changing in any particular way? What is the significance for our society? For parents, educators, healthcare providers, and policy makers such questions present unprecedented challenges. Even the language to discuss these issues at times seems fraught with controversy and potential misunderstanding. From some perspectives society is engaged in a cultural war no less than other significant social movements of the last 50 years. We will take up all these issues.

The instructor: Erica E. Anderson, Ph.D.

Erica is a clinical psychologist, academic administrator, healthcare executive, professor, and consultant. During a career that spans 4 decades she has held academic appointments in health psychology, public health, clinical psychology, healthcare management and pediatrics. She has also served as an Executive in a number of Healthcare Businesses. At UCSF she works in the Child and Adolescent Gender Clinic in Pediatric Endocrinology. There she consults with transgender and gender nonconforming children, adolescents, their families and other healthcare professionals and supports training of healthcare professional students and fellows in the rapidly advancing field of transgender healthcare. In her private consulting practice Erica provides consultation to corporations on issues related to sexual and gender diversity and inclusion and success ( including gender transition) of transgender and gender nonconforming leaders and clinical services to teenagers, adults, couples, and families. She has consulted on transgender issues in Sweden where she has also appeared on television. She will be speaking at Europride this summer which is being held both in Stockholm (July 30-August 5) and Gothenburg( August 14-20) Sweden. Europride is held each year in a city in Europe and is the combined Pride for the European Union (the 28 Nations of Western Europe). She serves on several Boards and is now the President Elect of USPATH, the newly created affiliate of WPATH (World Professional Association of Transgender Health) which publishes the Standards of Care for transgender healthcare. In previous work she has held academic appointments at the University of Minnesota, Thomas Jefferson University, Immaculata University and John F. Kennedy University.

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Course sessions:	Topics
September 27, 2018	Course introduction Situating our topic, raising questions, the “History of Sex and Gender”
October 4, 2018	The Development of Gender. Sex, Sexual Orientation, Gender Identity and Expression
October 11, 2018	The Gender Affirmative Model (& alternatives) current standards of transgender health care, controversies about providing interventions, accepting identities
	<ul style="list-style-type: none"><li>• skip one week due to instructor’s previous commitment</li></ul>
October 25, 2018	Where we are in the USA, going from here, cultural warfare conclusions and open questions

References/reading material for those interested

American Psychological Association. (2014). Fact sheet: Gender diversity and transgender identity in children. Washington DC: Author. Retrieved from <http://www.apadivisions.org/division-44/resources/advocacy/transgender-children.pdf>

American Psychological Association. (2015). Guidelines for psychological practice with transgender and gender nonconforming people. *The American Psychologist*, 70(9), 832-864. <http://dx.doi.org/10.1037/a0039906>

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Ehrensaft, D. (2016). *The gender creative child: Pathways for nurturing and supporting children who live outside gender boxes*. New York, NY: The Experiment.

Singal, Jessie, ‘Your Child Says She’s Trans: She Wants Hormones and Surgery. She’s 13. New York, New York: The Atlantic Monthly July/August 2018.

Substance Abuse and Mental Health Services Administration, *Ending Conversion Therapy: Supporting and Affirming LGBTQ Youth*. *HHS Publication No. (SMA) 15-4928*. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2015.