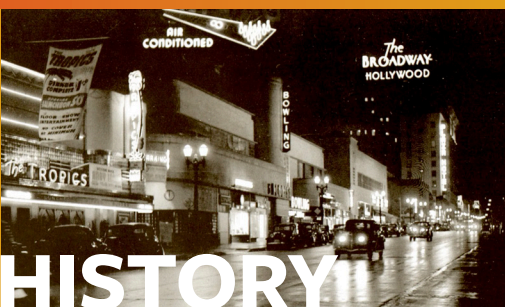
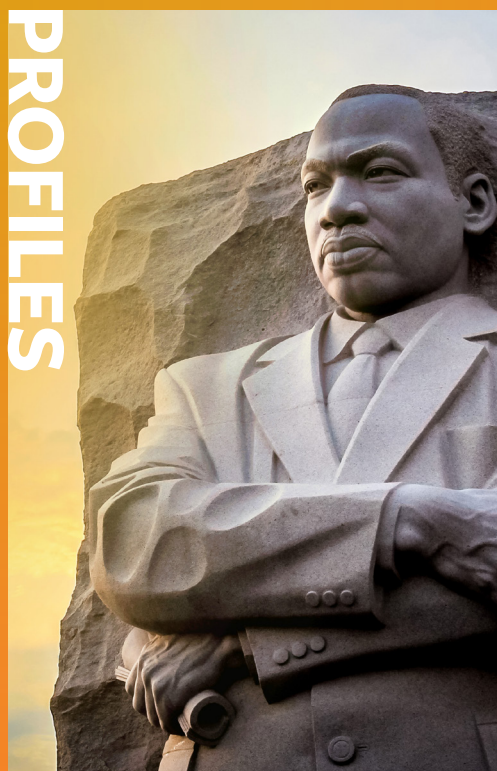


Designed for learners ages 50+ and open to all. Join us!



Fall 2025
Sept. 15–Nov. 7
Registration opens
July 14, 2025



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Registration Opens July 14

The Osher Lifelong Learning Institute (OLLI) at UC Berkeley is a vibrant learning community designed for people ages 50+ — and open to all. We offer courses, speaker events, field trips, socials, travel opportunities, and more. There's no Cal affiliation needed, just a love of learning (without exams or grades). Join us!

Memberships

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- Annual (\$100)
- Premium (\$995)
- Best of OLLI-only (\$25)

Course fees are separate and are based on membership type. "Premium" members pay no fees for lecture courses (50+ offered per year) and 50% off workshops and seminars. For only \$10, Annual and Premium members can upgrade to "Plus" memberships to gain access to our Best of OLLI archive of popular pre-recorded courses. (See listing on back.)

New Member Offer

Get \$25 off a Single Term membership! Contact berkeley_olli@berkeley.edu for the special code.

Fee Assistance

Enjoy waived Annual Plus membership and 70% off all course fees.



Visit our website
olli.berkeley.edu
for more
information

MONDAY, SEPT. 15–OCT. 6

Economics of Health Care in the Trump Era

James Robinson

10 a.m.–noon • 4 sessions • GBC 365

\$205 (Premium/Premium Plus members: \$102.50)

Learn about the four major economic components of the U.S. health care system and the incentives that drive behavior: health insurance, provider markets and organizations; payment methods; and biomedical innovation. Afterward, we will examine the policy and funding changes implemented by the Trump administration and their likely impacts on expenditures, care quality, patient access, innovation, and cost.

James Robinson is Leonard D. Schaeffer Professor of Health Economics and Director of the Berkeley Center for Health Technology.

MONDAY, SEPT. 15–OCT. 27

Biology & Society

Eric J. Simon

1:30–3:30 p.m. • 6 sessions

No class 10/13

\$165 (Premium/Premium Plus members: \$0)

Biology affects all our lives, now more than ever. Each week, we'll dive into one fascinating topic. They include: personal genomic testing, DNA forensics, transgenic organisms, cloning, cancer, and genetic engineering.

Eric J. Simon, Ph.D. has been a professor of biology for over 25 years. He is also the author of a widely used series of college biology textbooks used by students in over 40 countries.

MONDAY, OCT. 13–NOV. 3

City on Fire: Los Angeles in 1939

Peter Richardson

10 a.m.–noon • 4 sessions • GBC 365

\$165 (Premium/Premium Plus members: \$0)

1939 was a peak year in American film history (*The Wizard of Oz*, *Gone With the Wind*), but it was also a stellar year for Los Angeles literature (*The Big Sleep*, *The Day of the Locust*). Global conflicts were roiling, local corruption

was in the news, and criminal syndicates were consolidating their grip on local unions and businesses, including film studios. In this class, we will consider Los Angeles during what may have been its most incendiary year.

Peter Richardson has written critically acclaimed books about Hunter S. Thompson, the Grateful Dead, *Ramparts* magazine, and Carey McWilliams.

TUESDAY, SEPT. 16–OCT. 21

AI: Myths, Facts, and Fallacies

Robert Todd

10 a.m.–noon • 6 sessions • GBC 365

\$165 (Premium/Premium Plus members: \$0)

As artificial intelligence moves into the mainstream, misunderstanding, mistrust, and misinformation abound. In this course we'll dive into the latest research, expert analysis, and hands-on experiments to help you separate facts from fiction.

Robert Todd is an innovator and tech executive who now writes and teaches about and builds products and companies using technology that learns.

Find the Coach Within

Annette Segal

10 a.m.–noon • 6 sessions • GBC 300

\$245 (Premium/Premium Plus members: \$122.50)

There's a coach within you that can bolster your effectiveness if only you can access her. When serving on a board or leading a discussion or working as a volunteer, how will you know when to ask, what to ask, and how to connect. Learn and practice some basic techniques of coaching in a supportive, engaging environment.

Annette Segal is an executive coach who has worked in organizations such as Cisco, Nikon, and Genentech-Roche. She is the co-author of the book *The Game of Truth: A Humorous Guide to Self-Discovery*.

Learn more at olli.berkeley.edu

TUESDAY, SEPT. 16–OCT. 21 (CONT.)

Josephine Baker and Jazz in Paris, 1925–50

Dave Radlauer

10:30 a.m.–noon • 6 sessions

\$165 (Premium/Premium Plus members: \$0)

Josephine Baker had a colossal impact on French art, fashion, and the emergence of jazz in Europe between the world wars when Paris was an outpost of the Harlem Renaissance for extraordinary African American entertainers. Numerous colorful but now forgotten expatriate instrumentalists central to early jazz in Europe will also be profiled. Join us for a vivid depiction of Josephine Baker and the innovative interwar years in Paris.

Dave Radlauer has presented early jazz and swing on radio for 40 years, garnering six broadcast awards and authoring 200 articles, web posts, and columns.

TUESDAY, SEPT. 23–OCT. 28

A People's History of the United States, Part II, 1783–1877

Richard Bell

2–3:30 p.m. • 6 sessions

\$165 (Premium/Premium Plus members: \$0)

Who made the United States? This course examines how three peoples — Europeans, Natives, and Africans — encountered each other in the newly United States. The course begins with the American Revolution and proceeds through the early republic and antebellum era, culminating with the Civil War and Reconstruction. Most importantly, the course places front and center the ordinary people whose lives and struggles made this new nation. **Note:** Registrants need not have taken Part 1 to fully experience this class.

Richard Bell is professor of history at the University of Maryland and author of the book *Stolen: Five Free Boys Kidnapped into Slavery and Their Astonishing Odyssey Home*.

TUESDAY, OCT. 14–NOV. 4

Your Next Phase: Making the Most of Your Retirement

Roberta Streimer

4–6:30 p.m. • 4 sessions • GBC 300

\$245 (Premium/Premium Plus members: \$122.50)

Are you thinking about retiring and wondering

what life will be like in the years ahead? Are you retired and keeping busy, yet still feel like your life is missing something? Do you aspire to live with a greater sense of purpose, meaning, and fulfillment? Do you aspire to give back, make a difference? Are you seeking connection to new friends or a new community? In this class, you'll explore these questions with like-minded people. Come invest in yourself and plan ways to make the most of your retirement years!

Roberta Streimer was a self-employed leadership consultant and trainer for 40 years. This workshop is Roberta's labor of love.

WED., SEPT. 17–OCT. 8

Vienna: An Urban and Architectural Center Over the Centuries

Pierluigi Serraino

10:30 a.m.–noon • 4 sessions

\$130 (Premium/Premium Plus members: \$0)

Few places in the last 500 years have cast such enduring fascination as Vienna. The grand rival of Paris for splendor and political ambition, this city experienced major growth in the age of empire, collecting — and producing — some of the finest expressions of human culture. This course delves into Vienna's glorious urban and architectural history.

Pierluigi Serraino Ph.D., FAIA, is a practicing architect and educator. He is the author of many books on architecture, including *Modernism Rediscovered*.

How to Reset Your Nervous System: Ancient Wisdom and Neuroscience

Amelia Barili

1:30–3 p.m. • 4 sessions

\$205 (Premium/Premium Plus members: \$102.50)

Our nervous system shapes the quality of our daily life. It affects our health, relationships, and well-being by influencing our body, mind, and spirit. In this course, you will learn embodied practices to sustain good health and healing and to thrive as a human being. These practices help us shift from states of anxiety, fear, and feeling overwhelmed into states of safety, ease, and connection.

Amelia Barili integrates neuroscience, meditation, and service learning. She received the Chancellor's Award for Public Service.

WED., SEPT. 17–OCT. 22

War and Peace in the Persian Gulf

Dariush Zahedi

10 a.m.–noon • 6 sessions • GBC 365

\$165 (Premium/Premium Plus members: \$0)

This course will explore the complex dynamics of war and peace in the Persian Gulf region, focusing on the historical, political, economic, and strategic factors that have shaped conflict and cooperation among states in this critical area. Covering the period from the mid-20th century to the present, the course examines key events such as the Iran-Iraq War, the Gulf Wars, the U.S. military presence, regional rivalries, and the role of international actors and institutions.

Dariush Zahedi is the founding director of the AMENA Center for Entrepreneurship & Development at UC Berkeley. He has published three books on the political economy of the Middle East.

Pivotal Moments: A Personal Essay Writing Workshop

Jane Ganahl

1–3 p.m. • 6 sessions • GBC 300

\$245 (Premium/Premium Plus members: \$122.50)

Every day there are moments that could inspire a personal essay: finding your late mother's favorite shoes, exploding in anger when someone tailgates you on the road, not knowing how to answer when your curious grandchild asks when you're going to die. These are moments that cause you to pause, reflect, and learn: the basis of a solid personal essay. In this introductory class, you'll learn how to identify these pivotal moments, find the lessons therein, and write about them in a way that resonates with readers.

Jane Ganahl is a writer, teacher, and co-founder of Litquake. She is the author of *Naked on the Page: The Misadventures of My Unmarried Midlife*.

MONDAYS 9/15–10/6

ECONOMICS OF HEALTH CARE IN THE TRUMP ERA (4)

JAMES ROBINSON
10 A.M.–NOON • GBC 365

9/15–10/27

BIOLOGY & SOCIETY (6)

ERIC J. SIMON.
1:30–3:30 P.M.
(NO CLASS 10/13)

10/13–11/3

CITY ON FIRE: LOS ANGELES IN 1939 (4)

PETER RICHARDSON
10 A.M.–NOON • GBC 365



St. Stephen's
Cathedral, Vienna

TUESDAYS 9/16–10/21

AI: MYTHS, FACTS, AND FALLACIES (6)

ROBERT TODD
10 A.M.–NOON • GBC 365

FIND THE COACH WITHIN (6)

ANNETTE SEGAL
10 A.M.–NOON • GBC 300

JOSEPHINE BAKER AND JAZZ IN PARIS, 1925–50 (6)

DAVE RADLAUER
10:30 A.M.–NOON

9/23–10/28

A PEOPLE'S HISTORY OF THE UNITED STATES, PART II, 1783–1877 (6)

RICHARD BELL
2–3:30 P.M.

10/14–11/4

YOUR NEXT PHASE: MAKING THE MOST OF YOUR RETIREMENT (4)

ROBERTA STREIMER
4–6:30 P.M. • GBC 300

WEDNESDAYS 9/17–10/8

VIENNA (4)

PIERLUIGI SERRAINO
10:30 A.M.–NOON

ANCIENT WISDOM AND NEUROSCIENCE (4)

AMELIA BARILI
1:30–3 P.M.

9/17–10/22

WAR AND PEACE IN THE PERSIAN GULF (6)

DARIUSH ZAHEDI
10 A.M.–NOON • GBC 365

A PERSONAL ESSAY WRITING WORKSHOP (6)

JANE GANAHL
1–3 P.M. • GBC 300

10/1–10/15

HYBRID WARFARE (3)

DARREN ZOOK
10 A.M.–NOON • F&S

10/1–11/5

SWEET HARMONY (6)

PETE ELMAN
1–3 P.M. • F&S
(LIVESTREAM AND RECORDED ONLY 10/29)

10/15–11/5

PRAGUE (4)

PIERLUIGI SERRAINO
10:30 A.M.–NOON

MARTIN LUTHER KING, JR. (4)

CHARLES HENRY
1–3 P.M. • GBC 365

10/22–11/15

CYBERSECURITY IN THE ERA OF AI (3)

DARREN ZOOK
10 A.M.–NOON • F&S
(LIVESTREAM AND RECORDED ONLY 10/29)

THURSDAYS 9/18–10/30

A TASTE OF IRISH LITERATURE (6)

STEPHANIE WELLS
10 A.M.–NOON • GBC 365
(NO CLASS 9/25)

IPHONEOGRAPHY (6)

YONI MAYERI
1–3 P.M.
(NO CLASS 9/25, 10/2; FINAL CLASS 11/16)

10/16–11/6

THE ART OF THE STRING QUARTET (4)

BEN SIMON
10 A.M.–NOON • LLLC

THE ETHICS OF PUNISHMENT (4)

BILL SMOOT
10 A.M.–NOON • LLLC

GUIDED AUTOBIOGRAPHY (4)

SARA OREM
10 A.M.–NOON • GBC 300

LAW & POPULAR CULTURE (4)

BOB SOLOMON
1–3 P.M. • LLLC

JOY OF SINGING (4)

LAUREN CARLEY
1–3 P.M. • LLLC



In-person Venues

F&S: Freight & Salvage
2020 Addison St., Berkeley, CA

GBC: Golden Bear Center
1995 University Ave., Berkeley, CA

LLC: Lafayette Library and Learning Center
3491 Mount Diablo Rd., Lafayette, CA

Many courses offer a fully hybrid experience. The choice of how and when to participate is up to you! Enjoy videos any time through Dec. 31.



In-person courses are held in downtown Berkeley and in Lafayette



Livestreamed courses stream live on the scheduled day and time



Recorded courses are video recorded to view later at your convenience

WED., OCT. 1–OCT. 15

Hybrid Warfare and the Transformation of International Conflict

Darren Zook

10 a.m.–noon • 3 sessions • F&S

\$165 (Premium/Premium Plus members: \$0)

The history of warfare has for the most part been a sordid tale of ever-expanding tools of lethality and destruction, but in the 21st century something has changed. Hybrid warfare, which incorporates tactical elements such as cyberattacks and disinformation campaigns, has profoundly unsettled the landscape of international conflict and global politics. This course will explore the evolving nature of hybrid warfare as well as its social, political, and legal implications.

Darren Zook teaches in Global Studies and Political Science at UC Berkeley. His areas of interest include comparative politics, human rights, international law, cybersecurity, and the politics of art.

WED., OCT. 1–NOV. 5

Sweet Harmony

Pete Elman

1-3 p.m. • 6 sessions • F&S

10/29 livestream and recorded only

\$185 (Premium/Premium Plus members: \$0)

In this course we will examine 24 legendary singing groups, from the early days of doo-wop through the pop era, 1960-1985; stars whose power, style, and passion gave us unforgettable records. We will also listen to and view songs from other groups who will be remembered for that one huge hit which still resonates to this day. With a nod to choral harmonies, unique vocal arrangements, and unmistakable trademark songs, this course will be much more than a trip down Memory Lane.

Pete Elman is a musician, performer, composer, studio musician, and producer of 30 albums. He has created 14 different classes on popular music for OLLI.

WED., OCT. 15–NOV. 5

Prague: A Gateway to Eastern Europe

Pierluigi Serraino

10:30 a.m.–noon • 4 sessions

\$130 (Premium/Premium Plus members: \$0)

At the crossroads between Eastern and Western Europe, Prague carries the traces of its Gothic traditions and those of its Baroque era, combining to produce many definitive landmarks in architectural history. A UNESCO World Heritage Site, it shared for a time a common history with Vienna, while retaining its own distinctive characteristics. This course will explore a layered built environment equal to no other. *See Pierluigi Serraino bio on page 3.*

Martin Luther King, Jr.: His Life and Times

Charles Henry

1-3 p.m. • 4 sessions • GBC 365

\$165 (Premium/Premium Plus members: \$0)

The course will explore the life and times of MLK with special attention to the history of the Black church, King's political philosophy, competition among civil rights organizations, and the Vietnam War. His assassination and legacy will conclude the course.

Charles Henry, Ph.D., is professor emeritus of African American Studies at UC Berkeley. He is the author/editor of 10 books on human rights, race and politics, and public policy.

WED., OCT. 22–NOV. 5

Cybersecurity in the Era of Artificial Intelligence

Darren Zook

10 a.m.–noon • 3 sessions • F&S

10/29 livestream and recorded only

\$165 (Premium/Premium Plus members: \$0)

Artificial intelligence has changed everything, from the way we do work to the way we encounter online security threats. Unlike other evolutionary moments in the world of cybersecurity, however, artificial intelligence has brought with it a set of profound moral, social, economic, and political challenges for which there are no easy answers. This course will explore all of these challenges and also explain how artificial intelligence enables and expands new threats in cyberspace itself. *See Darren Zook bio on left.*

THURS., SEPT. 18–OCT. 30

A Taste of Irish Literature

Stephanie Wells

10 a.m.–noon • 6 sessions • GBC 365

No class 9/25

\$205 (Premium/Premium Plus members: \$102.50)

This course will sample the lyrical voices of 20th- and 21st-century Irish literature. It will include samples of short fiction, drama, and poetry and will explore the social and political flavor of Ireland's national identities.

Stephanie Wells has a B.A. from UC Berkeley, M.A. from the University of Virginia, and Ph.D. from UC Davis. She currently teaches at the College of Marin.

iPhoneography

Yoni Mayeri

1-3 p.m. • 6 sessions

No class 9/25, 10/2; Final class 11/6)

\$245 (Premium/Premium Plus members: \$122.50)

Learn how to capture stunning images, edit like a pro, and make the most of your iPhone's powerful camera and editing tools. This workshop covers best practices for shooting, editing in the Photos app, using top iPhone photography apps, exploring accessories, and organizing, sharing, and printing your work. By the end, you'll know how to create extraordinary photos — all from your pocket. **Note:** An iPhone 10s or newer is recommended.

Yoni Mayeri is an award-winning photographer specializing in iPhone photography. She began her photographic career at Polaroid and Nikon.

Continued on back page

Travel with OLLI!

Join us on unforgettable adventures to extraordinary destinations: Ireland (Oct. 31–Nov. 12, 2025); Costa Rica (Jan. 16–24, 2026); and Southeast Asia (April 9–27, 2026). Sign up for the Ireland trip, and enjoy “A Taste of Irish Literature” course with our compliments!

THURS, OCT. 16–NOV. 6

Four Voices, One Conversation: The Art of the String Quartet

Ben Simon

10 a.m.–noon • 4 sessions • LLLC

\$165 (Premium/Premium Plus members: \$0)

The ideal ensemble, a combination of two violins, a viola, and a cello, has inspired some of our greatest composers to some of their greatest works, and a unique breed of string players to dedicate their lives to performing them. Encounter the fascinating life of a string quartet and take a close look at its brilliant beginnings, from “Papa” Haydn through Mozart, Beethoven, and Mendelssohn. Meet the Budapest, Guarneri, Juilliard, and Amadeus quartets and learn how they make beautiful music together.

Ben Simon has performed internationally with the New and Los Angeles Philharmonic Orchestras. He has served as music director of the San Francisco Chamber Orchestra for 21 years.

The Ethics of Punishment

Bill Smoot

10 a.m.–noon • 4 sessions • LLLC

\$205 (Premium/Premium Plus members: \$102.50)

There are currently about two million people incarcerated in jails and prisons in the United States. What moral issues are involved in this grim fact? What constitutes a moral response to crime? What is the justification for punishment, and what are the moral criteria for a just punishment? Are individuals entirely — or only partially — responsible for their crimes? We will ponder and discuss these issues as they pertain to contemporary America.

Bill Smoot is a writer of fiction and essays. He received his Ph.D. in philosophy from Northwestern University. He teaches college classes in San Quentin Rehabilitation Facility.

Guided Autobiography for Self-Discovery and Legacy

Sara Orem

10 a.m.–noon • 4 sessions • GBC 300

\$245 (Premium/Premium Plus members: \$122.50)

In this course, we will examine the “foundations of your story,” the first of a two-part examination. It will guide you through four essential themes that form the backbone of every life: the branching points that changed your direction, the family influences that shaped you, the career that gave your days meaning, and your

relationship with money throughout the decades. A follow-up course, “Enriching Your Life Story,” scheduled for winter 2026, will take you deeper into your own story.

Sara Orem has taught for OLLI @Berkeley for 10 years. Her background and academic study is in positive psychology, in the many ways we can enhance positive emotions to live a more satisfying and fulfilling life.

Law & Popular Culture: How Films, Television, and Podcasts Shape Our Image of the Law

Bob Solomon

1–3 p.m. • 4 sessions • LLLC

\$165 (Premium/Premium Plus members: \$0)

Popular culture shapes our perception of law, lawyers, and the civil and criminal justice systems. We will examine legal issues through the lens of media, including movies and podcasts, along with readings on the films and podcasts. The overall theme of the course will be the use and misuse of power by institutions and the ability of the civil and criminal justice systems to respond. Since evidentiary issues arise in many films, we will answer the question, “Can they really ask that?”

Bob Solomon, an attorney, taught at Yale Law School, moving to UC Irvine as a Clinical Professor of Law a decade ago, specializing in community and economic development.

Joy of Singing

Lauren Carley

1–3 p.m. • 4 sessions • LLLC

\$205 (Premium/Premium Plus members: \$102.50)

Joy of Singing is a welcoming class in choral ensemble singing — no experience needed. Each session begins with playful body-based warmups drawn from dance, theatre, and vocal training to help you breathe, move, and sing with ease. We learn traditional rounds and part-songs from around the world by ear, exploring harmony, vocal color, and style. Experienced singers may anchor sections or try trios. Past participants often leave humming a tune and feeling better than when they arrived.

Lauren Carley, singer, choral director, retreat leader, and writer, has performed globally and led Bay Area choirs for 17 years. She coaches voice across disciplines and holds degrees in music and interdisciplinary arts.

Best of OLLI, Fall 2025

Access some of our most popular pre-recorded courses. \$75 each

A People’s History of the U.S. to 1783
Richard Bell

Diving into the Movies
Harry Chotiner

Turn, Turn, Turn: A Rock ’n’ Roll Road Trip, Part II
Pete Elman

Symphonies of Gustav Mahler
Stephen Schultz

What Do Museums Do?
Marjorie Schwarzer and Mitchell Schwarzer

In Darwin’s Footsteps: A Journey to the Galapagos
Eric Simon

John James Audubon and The Birds of America
Eric Simon

Global Hotspots: The Newest Chapter
Darren Zook

Left Behind: Understanding the Rightward Drift in Global Politics
Darren Zook

SF Opera: A Primer

Hosted by Carol Christ

2–4 p.m. on each date • GBC 365



Join former UC Berkeley Chancellor Carol Christ for an in-depth preview of shows premiering at SF Opera this fall. \$40 (\$0 Premium / Premium Plus) per event.

Tuesday, 8/26

Rigoletto

Tuesday, 9/2

Dead Man Walking

Tuesday, 10/21

Parsifal

Monday, 11/10

The Monkey King

Special Events

Please check our events page for up-to-the-minute information: olli.berkeley.edu/programs/events.